

# 8th Edition Aging & Gerontology Conference 2024

21st October, 2024 | London, United Kingdom

## Keynote Speakers

02:15 PM - 03:00 PM CET **Clinical study to evaluate the impact of plant-based collagen supplement on skin aging.**  
*Shridhar, Gplife, India*

## Oral Presentations

03:00 PM - 03:30 PM CET **Harnessing the Hallmarks of Aging for Geroprotection**  
*Greg Macpherson, SRW Laboratories, New Zealand*

03:30 PM - 04:00 PM CET **Ozone in the adjunct medical treatment**  
*Georgios Mitrou, AIMIS HealthCare Group-GEORGIOS MITROU DLC Longevity BioWellness LAB, Greece*

04:00 PM - 04:30 PM CET **Examining Functional Factors for Promoting Health among Older Adults during COVID-19**  
*Sara Rosenblum, University of Haifa, Israel*

## Keynote Speakers

04:30 PM - 05:15 PM CET **Longevity Medicine: Establishing Best Practices for a Healthier Future**  
*David Barzilai, Concierge Personal Longevity Coach and Health Consultant, USA*

05:15 PM - 06:00 PM CET **Openly Aging- 4 Pillars to Keep Control of Your Aging Journey**  
*Allison, Openly Aging, USA*

## Oral Presentations

06:00 PM - 06:30 PM CET **Epigenetics, Aging, and Cellular Reprogramming: Shaping the Future of Longevity**  
*Marcos Arrut, RenovaCode Therapeutics, Argentina*

06:30 PM - 07:00 PM CET **Promoting Digital Equity Among Older Adults**  
*Carol C McDonough, University of Massachusetts Lowell, USA*

07:00 PM - 07:30 PM CET **Nursing Home Quality Measures: Do volunteers make a difference.**  
*Paul Falkowski, National Association of Long-Term Care Volunteers, USA*

07:30 PM - 08:00 PM CET **Reflections of an 88 year old**  
*John Seidler, Non-Profit work for Orbis International, United Nations Association of the U.S.A. and AARP as U.N. representative, USA*

08:00 PM - 08:30 PM CET **Innovative Trends in Dementia Care: Emerging Research, Diagnosis, and Treatment**  
*Michael J Pessman, Agernation LLC, USA*

08:30 PM - 09:00 PM CET **Threads of Connection, Older Adults and Younger Generations' Experiences with ReachOut**  
*Christina R. Whitehouse, Villanova Univeristy, USA*  
*Daniel Martinez, Villanova Univeristy, USA*

09:00 PM - 09:30 PM CET **The Effects of Reiki, Music Therapy, and Aroma Therapy, a Complementary Alternative Medicine, on Depression and Anxiety in the Alzheimer's and Dementia Population**  
*Deborah Salach-Schmidt, Aging with Harmony, USA*

09:30 PM - 10:00 PM CET **The Eight Sacred Truths to Healthy Aging plus 3**  
Eric Shapira, Aging Specialists, USA

10:00 PM - 10:30 PM CET **Ketones, Coconut Oil & MCT oil for Alzheimer's and Other Memory Impairments: History, rationale, and 288 caregiver case reports**  
Mary T. Newport, Author, physician, USA

#### **Poster Presentations**

10:30 PM - 11:00 PM CET **Applying a classic short story parable for stimulating discussion in nutrition science about diet and healthy aging**  
*Celia M. Ross, Delaware Gerontology Institute, LLC, USA*

#### **Closing Ceremony**